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Affiliated to NTR University of Health Sciences, A.P. Vijayawada.
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REPORT ON

NATIONAL MENTAL HEALTH DAY PROGRAM ON 10.10.2022

Department of Mental health Nursing, Narayana College of Nursing has organized a program on National Mental Health Day on 10.10.2022 **(10 a.m to 12 noon)** at 2nd floor Smart Class room, Narayana College of Nursing. The program started at 12 noon with the prayer song and welcome song by 3rd Year B. Sc Nursing students. A pretest, wellbeing survey was conducted for all the participants.

Dr. Indira A. Principal, Narayana College of Nursing, HODs of all the departments lightened the lamp and inaugurated the program. Prof. Smitha, Head, Department of Mental Health Nursing delivered a welcome address.

Dr. Indira A. Principal, Narayana College of Nursing given a principal address about the program. Following that the theme was addressed by Mrs. Smitha, Head, Department of Mental Health Nursing

After the break, the session was continued by the faculty, later the session was open for discussion around 20-30 minutes regarding well being at work place and the participants took very active role in writing action plan to maintain wellbeing at work place

Dr. Indira, Principal, NCON oriented wellbeing at work place survey program and all the key points were discussed during the program and resolutions were explained by the principal. A post-test, feed back was conducted for all the participants after the session. Lastly, the vote of thanks was delivered by Mrs. Chandana, Assistant Professor, NCON and the program adjourned with the National Anthem, at 12 p.m.

ANALYSIS

Table 1: Frequency and Percentage distribution of student participants Grades on World Mental Health Day Program (N = 90)

	PREETEST		POST TEST	
GRADE	F	%	F	%
A+	5	6	47	52
A	5	6	24	27
B+	10	11	16	18
B	19	21	3	3
C	21	23	0	
D	30	33	0	0
TOTAL	**90**	**100**	**90**	**100**

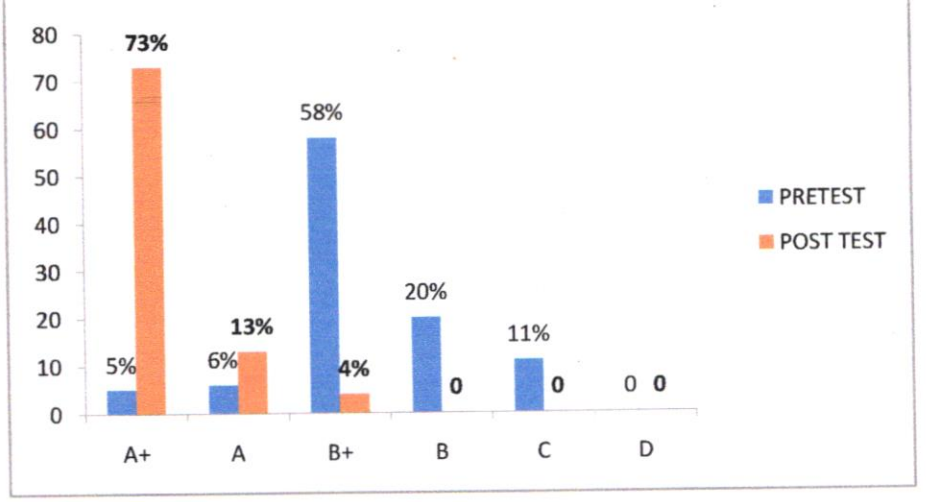

FIG 1: Frequency and Percentage distribution of student participants Grades on World Mental Health Day Program (n = 90)

Table 2: Frequency and Percentage Distribution of Faculty Grades on World Mental Health Day Program (n = 60)

GRADES	PRE TEST		POSTTEST	
	FREQUENCY	PERCENTAGE	FREQUENCY	PERCENTAGE
A+	12	20	52	87
A	38	63	8	13
B+	10	17	0	0
B	0	0	0	0
C	0	0	0	0
D	0	0	0	0

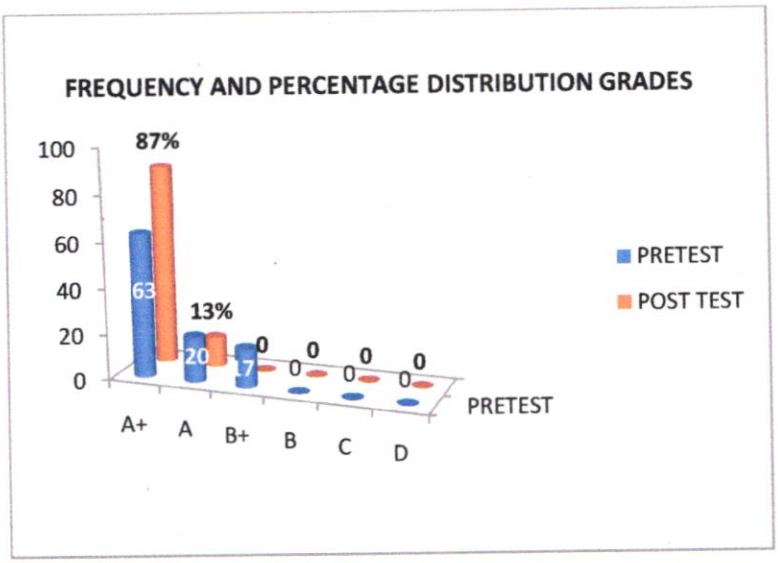

FIG 2: Frequency and Percentage Distribution of Faculty Grades on World Mental Health Day Program (n = 60)

Table: 3 Frequency and percentage distribution of Feedback grades on World Mental Health Day Program (n = 150)

FEED BACK		
	Frequency	Percentage
EXCELLENT	108	72
VGOOD	38	25
GOOD	4	3
AVERAGE	0	0
POOR	0	0
TOTAL	150	100

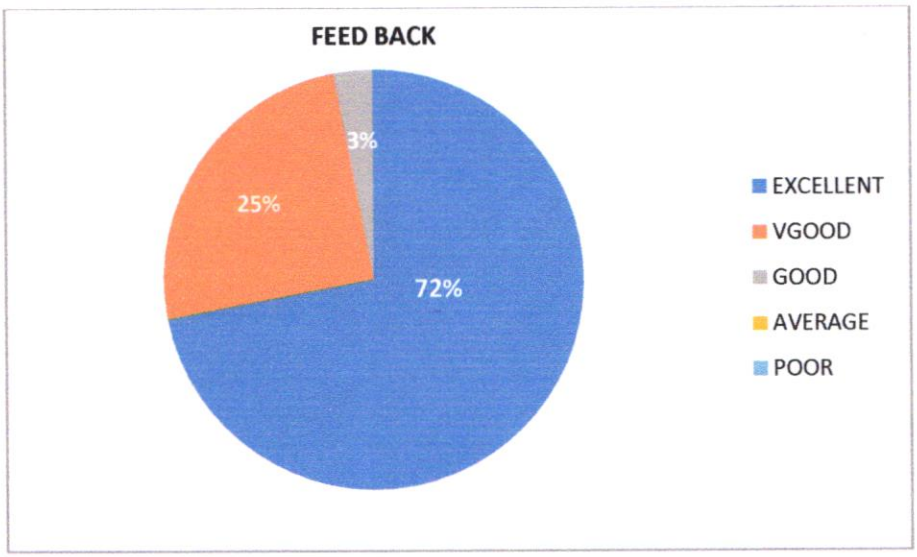

Fig: 3 Frequency and percentage distribution of Feedback grades on World Mental Health Day Program (n = 150)

The total student participants for the program were 90. In the pretest, the score was as follows: 5% A+, 6% A, 58%, B+, 20% B, 11% C and in the post test, the grade has improved such as 73% A+, 13% as A, 4% as B+, and there are no participants in the C & D grade.

Out of the 60 faculty participants, the pretest score was 20% as A+, 63% as A, 17% as B+, and no participants with B, C, and D grade. But in the posttest, the knowledge grade has improved as 87% - A+, 13% - A and no participants in rest of the grades. This reveals that the program was highly effective and useful for the participants.

The feedback analysis shows 72% as excellent, 25% as very good and 3% as good and this indicates that the Program feedback grade is extremely good.

Signature of the HOD

HOD
Dept. of Mental Health Nursing/Psychiatric
NARAYANA COLLEGE OF NURSING
Chintharedypalem,
NELLORE - 524 003.

NARAYANA COLLEGE OF NURSING NELLORE 524 003

Principal

Principal
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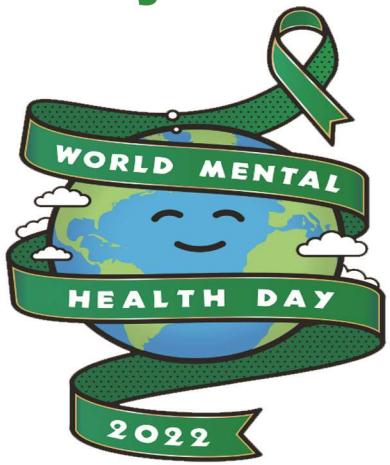
Dept. of Mental Health Nursing

World Mental Health Day - 2022



Date: 10. 10. 2022 || Time: 10:00 am - 12:00 pm || Venue: II Floor Smart Class Room, NCON.